|  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- |
| Digital Download |  | **One-Word**  **Resolution** |  |  |  |

**Reflection on Last Year:**

|  |  |
| --- | --- |
| **High Points from Last Year** | **Low Points from Last Year** |
| {Enter Here} | {Enter Here} |

|  |  |
| --- | --- |
| **Things I wanted to Accomplish** | **How did I do against that plan?** |
| {Enter Here} | {Enter Here} |

**Looking Ahead:**

|  |  |
| --- | --- |
| **This year, I want to accomplish…** | **These words will support and direct me…** |
| {Enter Here} | {Enter Here} |

**Weekly Tracking and Reflection Worksheet**

**For Week Of:**

{ }

{Enter Here}

**My Word for this year is:**

|  |
| --- |
| **My success stories from last week include…** |
| {Enter Here} |

|  |
| --- |
| **A few opportunities that I may have missed were…** |
| {Enter Here} |

|  |
| --- |
| **Looking ahead to this week, I need to pay attention to…** |
| {Enter Here} |